



Bio Paulo A. S. Moreira

Institutional Afiliation

Professor Associado com Agregação, Departamento de Educação e Psicologia (DEP),
Escola de Ciências Humanas e Sociais (ECHS)
Universidade de Trás-os-Montes e Alto Douro (UTAD)

2024 – present – Integrated Researcher of the Centro de Investigação em Desporto, Saúde
e Desenvolvimento Humano (CIDESD)

Professional ID's

Ordem dos Psicólogos Portugueses – Especialista em Psicologia Clínica e da Saúde;
Especialidade Avançada em Psicoterapia (Cédula nº 009536).

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Academics Information

2024-present – Associate Professor with Habilitation, at UTAD, Portugal;
2023 – Habilitation in Psychology, University of Aveiro;
2005 – Doctoral Degree in Clinical Psychology, University of Minho. 2000
– Graduation in Psychology, University of Minho;

1. Teaching

Psychology;
Research Methods;
Clinical and Health Psychology;
Personality Psychology;
Psychology of Emotion and Motivation;
Mental Health and Well-being;

2. Academic Supervision

2 PhD Thesis (approved);
3 PhD Doctoral Studies (ongoing)
6 Post-Docs
93 Masters' Dissertations

Research Projects Funded (Principal Investigator)

2002-2006 – Principal Investigator of the project “*Evaluation of the efficacy of a programme for the promotion of social and emotional skills (Growing up Playing) in school children*”. Project funded Institute of Drugs and Dependencies, Ministry of Health of Portugal.

2006-2008 – Principal Investigator of the project “*School Success Factors in schools classified in the positions of rankings and in schools placed in the last positions in the rankings*”. Project Funded by Calouste Gulbenkian Foundation (Proc. 83235).

2012-2015 - Principal Investigator of the Project “*Impact of school characteristics on students engagement with school*”. Project Funded by Foundation for Science and Technology (FCT). (Ref. PTDC/CPE-CED/122257/2010).

2015-2017 – Focal Point for Portugal of the “*Eat local, Think global – Global Learning for change in EYD2015 and Beyond*”. Project funded by the European Commission (EuropeAid/134863/C/ACT/MULTI; Contract Number DCI- NSAED/2014/349-033

2016-2019 – Principal Investigator of the Project “*School effects on changes in students engagement with school over time*”. Project Funded by Foundation for Science and Technology (FCT). (Ref. PTDC/CPE-CED/2224/2014).

2018-2022 – Principal Investigator of the project “*Changes on Engagement with Sustainable Development over time: effects of school characteristics and school interventions*”. Project Funded by Foundation for Science and Technology (FCT). (Ref. PTDC/CED-EDG/31615/2017).

2024-2027 – Principal Investigator for Portugal of the project “*Longitudinal data for Inequalities in Education*” (Project Number: 101132455). Projeto financiado pela Comissão Europeia: European Research Executive Agency (HORIZON Research and Innovation Actions: HORIZON-CL2-2023- TRANSFORMATIONS-01-06: *Mapping of longitudinal data and assessment of inequalities in education, training and learning achievements*).

Research Team Member

2025-2027 – Member team of the “*Enhancing Medication Adherence in Portugal: Implementation of Mobili®, an eHealth Medicine Dispensing Solution for multimorbidity Patients*”. Project Funded by Foundation for Science and Technology (FCT).